

Maple Valley Public School

COVID-19 ILLNESS AND QUARANTINE GUIDELINES

These guidelines align with the CDC and the ND Department of Health requirements

PERSON A Any person who has tested positive for COVID-19	PERSON B Any person who lives in the same household with Person A	PERSON C Any person with close contact to person A (more than 15 min and less than 6 feet)	PERSON D Any person who has had exposure to Person B or C before quarantine
<p>With Symptoms: -Isolation until the following have been met:</p> <ul style="list-style-type: none"> • 10 days since symptoms first appeared AND • 24 hours since the last fever(without the use of fever reducing medication) AND • Symptoms have improved 	<p>No symptoms:</p> <ul style="list-style-type: none"> • Quarantine immediately • Quarantine while person A is ill and/or isolated • Quarantine an additional 14 days after person A has recovered and been released by provider • Quarantine can last up to 24 days 	<p>Quarantine for 14 days following the date of last exposure</p> <ul style="list-style-type: none"> • Contact City/County Health with any questions and further instructions • Monitor self for symptoms, take temp twice a day • If symptoms develop, notify provider 	<p>No quarantine or action required unless: Person B or C develops symptoms OR tests positive and person D has had contact within 14 days, THEN:</p> <ul style="list-style-type: none"> • Monitor self for symptoms, take temp twice per day • Contact City/County Health (701-845-8518) • Contact Provider
<p>Without symptoms: (asymptomatic) Isolate for 10 days from date of 1st positive test:</p> <ul style="list-style-type: none"> • Monitor self for symptoms, take temps twice daily • Release from isolation after 10 days have passed as long as no symptoms 			

Definitions:

Close Contact: Defined as anyone who was within 6 feet of infected person for at least 15 cumulative minutes from 48 hours prior to the person having symptoms

Isolation: Separates infected individuals with contagious disease from person who are not sick

Quarantine: Separates and restrict the movement of a person exposed to a contagious disease to monitor if they become ill

Insignificant Exposure: is in contact with an individual for at least 15 cumulative minutes and less than 6 feet separation

Close Contact Flowchart



Positive Case Reported to School by NDDoH

Positive Case Self-Reported to School

Close Contact: Anyone who was within 6 feet of a COVID positive Person for at least 15 cumulative minutes during any given day.

Exposure Window: The timeframe when a positive person was able to transmit the disease.

Tracing Considerations for Elementary Schools: Transportation to and from school (bussing, riding with a friend, walking with a friend) involvement in activities or sports, music/gym, lunchroom seating. Focus on classroom groups.

Tracing Considerations for Middle/High School: Transportation to and from school, involvement in activities or sports, lunchroom seating, and course groups.

MV COVID Coordinator will be notified by NDDoH with positive case info and exposure window

Inform City/County Health with the following: Name, DOB, City/County will use this to find their testing records.

MV COVID Coordinator will trace close contacts based upon exposure window

City/County Health will call positive case to gather further information. City/County will provide school COVID Coordinator with exposure window

List of close contacts found. Collect each person: Name, Date of exposure, Report total #

City/County Health
701-845-8518

City/County Health will formulate letters for each close contact outlining their quarantine. These will be provided to COVID Coordinator.

Email letters to close contacts.

Report Contacts to the Following:

Maple Valley Tracking Document

Consider emailing or texting non-contacts.

