



Maple Valley Public School District # 4

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Pat Windish, Superintendent

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Dr. Michael Nygaard, 7-12 Principal

Jayson Kocka, K-6 Principal / Activities Director

6-10-2020

Parents/Guardians/Students:

Below is the information/directions on what needs to be done if you plan to play a sport this coming year 2020-2021.

The NDHSAA has changed the protocol for physicals for this coming year only. You will need to fill out form B for each student that plays a sport. If a "yes" is filled in on form B the student will need a physical this summer. If all "No's" are filled in there will be no physical needed and form B will take place of the physical.

Student athletes will need three things completed in order to practice/participate in their activities throughout the 2020-2021 school year. Student athletes will need **1. Form B filled out or a physical, 2. "Concussion in Sports" course on nfhslearn.com/courses, and the 3. Activity fee paid.** The physical or form B, concussion form, and fee must go through Jessica or Vicki in the main office in Tower City. No coaches, administration, or staff member will be handling physicals, concussion forms, or fees. When all three have been turned into the main office you will be given a "Raider/Falcon Participation Pass" that you must present to your coach. If you do not have the participation pass you will not be allowed to practice or participate until a pass is physically handed to your coach. All coaches are aware of this and it will eliminate confusion and have all necessary paperwork going to one location.

Directions on how to take the "Concussion in Sports" course:

"Concussion in Sports" course on nfhslearn.com/courses. Then scroll down to "Concussion in Sports". After taking this course, print off the certificate of completion, and turn it in to your school. This course needs to be completed every 2 years, so if you took it last year, you do not have to again this year. If you are unsure, please call the school office. Just a reminder, if you do not have your physical, concussion form, and fee paid on file in the main office you are ineligible to practice.

Go Raiders & Falcons!

Jay Kocka
Activities Director